

Welcome to.....

THE RED LIN

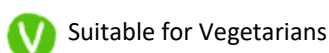


14th Century Public House

32 The Street, Kirby le Soken

Food Service Times:

Monday	12:00pm - 2:30pm 6:00pm - 8:30pm
Tuesday	12:00pm - 2:30pm 6:00pm - 8:30pm
Wednesday	12:00pm - 2:30pm 6:00pm - 8:30pm
Thursday	12:00pm - 2:30pm 6:00pm - 8:30pm
Friday	12:00pm - 9:00pm
Saturday	12:00pm - 9:00pm
Sunday	12:00pm - 5:00pm



Suitable for Vegetarians



Gluten Free product

Written allergen information is available on request. Our food is prepared in a kitchen where nuts, gluten and other food allergens are present. Our menu descriptions do not include all of the ingredients. If you have a food allergy or intolerance please speak to a member of staff about your requirements in many cases dishes can be adapted to make them suitable. Fish dishes may contain bones. All weights are approximate when uncooked.





Lunch

Served From Midday until
2:30pm Monday to Saturday
(Not Available on Sundays)

Sandwiches, Baguettes & Panini

Our freshly prepared sandwiches are made to order & come accompanied with Home-made Coleslaw, Home Cooked Crisps & Salad Garnish.

All are available on White Sliced Bloomer, Granary Sliced Bloomer or as a Toasted Panini or Baguette (£0.75 Extra)

Bacon, Lettuce & Tomato with Mayonnaise	£4.50
Brie & Bacon with Onion Chutney	£4.50
Honey Glazed Ham, Tomato, Lettuce & Wholegrain Mustard Mayo	£4.50
Cheddar & Cherry Tomato Chutney 	£3.95
Cajun Chicken with Avocado, Feta & Garlic Mayo	£5.50
Prawn with Dill & Crème Fraiche	£4.95
St Agur & Fig Chutney with Rocket 	£4.50
Smoked Salmon & Cream Cheese	£4.95

**Homemade Fish Finger Sandwich
with Tartare Sauce & Iceberg Lettuce**

£5.50

**Homemade Pastrami Sandwich with Gherkins,
Red Onion & Dijon Mustard Mayo**

£6.00



Starters

House breads & Olives  £3.95

Served with Olive Oil & Balsamic Vinegar

Homemade Soup of the Day  £4.45

With House Bread

Feta & Spring Onion Filo Parcel  £6.50

With Tzatziki, Olive & Onion Salad

Shredded Pork Rilette £6.95

Rolled in Breadcrumbs and Served with a Potato & Mustard Salad, Endive & Onion & Chorizo Chutney.

Mushroom & Almond Pate  £5.95

With Grilled Ciabatta & Fig Chutney

Salt & Pepper Squid £6.95

With Chilli & Spring Onions & Mango Dipping Sauce

Beetroot Hummus  £5.95

With Grilled Aubergine, Yoghurt Dressing & Warm Pitta Bread

Salads

Cajun Chicken Salad £10.95

With Avocado, Croutons, Pine Nuts, Garlic Mayo, Feta, Sun Blushed Tomatoes & Mixed Leaves

Smoked Fish Platter £10.95

Smoked Salmon, Smoked Mackerel & Shell on Prawns served with Granary Bread, Salad & Horseradish Cream

Greek Salad   £8.95

With Feta, Cucumber, Tomato, Olives & Crisp Cos Lettuce Dressed with Oregano & Lemon Dressing



Main Courses

Homemade Pie of the Day £9.95

See the Specials Board for the Pie Today.

Served with Potatoes, Mashed Potatoes or
Hand Cut Chips & Seasonal Vegetables

Fresh Fish Fillet Of The Day  £10.95

In Homemade Gluten Free Batter with Hand Cut Chips,
Homemade Tartare sauce & Peas

Trio of Sausages £8.95

See the Specials Board for the Sausage of the day and the
accompaniments.

Chicken Tikka Masala £11.95

With Scented Rice, Spinach Pakora & Naan Bread

**Slow Braised Lemon &
Rosemary Pork Belly**  £12.95

With Butterbean, Tomato, Lemon & Olive Oil Cassoulet

Homemade Beef Lasagne £11.95

With Salad & Garlic Ciabatta

Spiced Lamb Tagine £13.95

With Apricots, Citrus Couscous & Pomegranate

Whole tail Breaded Whitby Scampi £10.95

With Hand Cut Chips, Salad & Home made Tartare Sauce

**Please Also see Our
Daily Specials &
Vegetarian Options
On the Blackboards.**



From The Grill

Homemade 8 oz Beef Burger £9.95

Accompanied by Relish, Tomato, Red Onion, Gherkin & Lettuce in a Brioche Bun. Served with Hand Cut Chips or Sweet Potato Fries

Cheeseburger £10.45

Cheese & Bacon Burger £10.95

Pulled Beef Brisket £10.95

In Hickory Smoked BBQ Sauce with Lettuce & Homemade Coleslaw in a Brioche bun. Served with Hand Cut Chips or Sweet Potato Fries

Southern Fried Chicken Burger £10.95

Accompanied Red Cabbage Slaw, Garlic Mayo, Tomato, Red Onion & Lettuce in a Brioche Bun. Served with Hand Cut Chips or Sweet Potato Fries

8 oz Rib Eye Steak  £18.95

Cooked to your preference & served with Vine Roast Tomato, Homemade onion rings & a Mushroom & Peppercorn Sauce. Served with Hand Cut Chips or Sweet Potato Fries

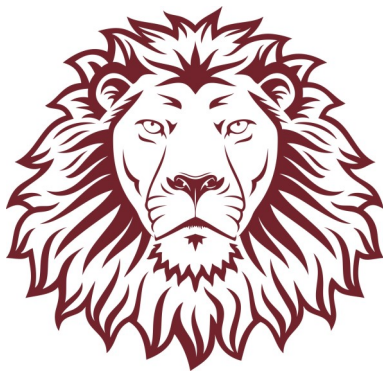
Ploughman's

Our delicious Ploughman's lunch comes with Pork Pie, Apple, Celery, Pickle, Pickled Onions, Crusty French stick & Butter

Stilton & Cheddar £8.95

Honey Roast Ham £8.95

Ham and Cheese Ploughman's £9.45



Kids

Menu

Kids Homemade Beef Burger

Sausages of the Day

Homemade Fish Goujons 

Homemade Chicken Nuggets 

All Served with a choice of Hand Cut Chips, Sweet Potato Fries, Mash or New Potatoes.

With Peas, Beans, Salad or Vegetables

Tomato & Basil Pasta 

Topped with Grated Cheese.

Served with Garlic Ciabatta & Salad

Sunday Roasts

(Only available on Sundays)

Kids Sunday Roast with Roast Potatoes, Parsnip, Yorkshire Pudding, Gravy & Vegetables

All Kids Meals are £5.95 Each



Extras

Garlic Ciabatta 	£1.95
House Salad  	£1.95
Hand Cut Chips  	£2.45
Sweet Potato Fries  	£2.45
Onion Rings  	£2.45
House Bread 	£1.00
Home-made Coleslaw  	£1.00
Seasonal Vegetables 	£1.95



Desserts

Please view our Dessert Boards for additional desserts.

Selection of Ice Cream   **£4.25**
Vanilla, Chocolate, Strawberry or Today's Flavour

Selection of Sorbet   **£4.25**
Lemon, Raspberry or Today's Flavour

The Red Lion Signature Desserts:

Carefully crafted hand made Desserts with exceptional taste and presentation.

Strawberry & Lemon Cheesecake **£5.75**
With Shortbread Ice Cream

Lemongrass Panna Cotta  **£5.75**
With Lime Sorbet & Coconut Macaroon

Chocolate Brownie **£5.75**
With Pecans, Maple Syrup & Blueberry Ice Cream

The Red Lion Cheese Board

Mature Cheddar, Stilton, Brie & A Guest Cheese of the Day

Served with Oatcakes, Water Biscuits,
Grapes & Celery

£6.95

Add a Glass of Taylor's Port to your Cheese for just £3.00



Hot Beverages

Regular Coffee	£2.00
De-caffeinated Coffee	£2.00
Cappuccino	£2.25
Latte	£2.25
Mocha	£2.35
Hot Chocolate	£2.25
Espresso	£1.80
Tea (Selection of)	£2.00

**Please note we have a
one bill per table policy**

Events At The Red Lion

Please see the Events boards in the Bar for specific dates of each event.

Quiz Night: Usually the 2nd Sunday of Each Month, Free Entry, Starts 8pm. Prizes for the top teams! Maximum team size is 6 people.

Theme Night: Usually the 3rd Tuesday of Each Month, Ask your server about the next Theme night, Limited places & booking is essential

The Acoustic Showcase: Usually the last Sunday of Each Month, Join us to enjoy some of the best live musical talent in North Essex & from further afield! 8pm Start & Free Entry